



S E C O N D
N A T U R E

T2 DIABETES SUPPORT

**Digitally-enabled Structured Education and
Behavioural Change**

WWW.SECONDNATURE.IO/NHS


Current Situation

1. Current Diabetes Structured Education Programmes are not designed to be delivered remotely:
 1. DESMOND
 2. X-PERT
2. Problems:
 1. Block contracts and poor attendance lead to inflated actual per patient costs (6% recorded attendance)
 2. Lack of evidence and suitability for remote delivery via video conferencing

Our award-winning approach



2018 & 2019 - Digital Health Initiative of the Year
2019 - Healthy Living Initiative of the Year



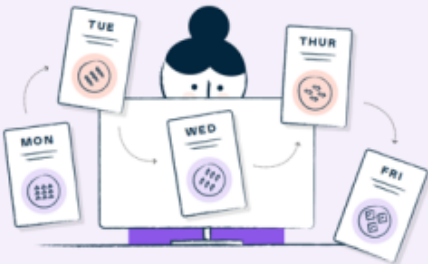
Track

Follow daily changes in your weight, steps and sleep



Support

Access to a fulltime dietitian and supportive peer group



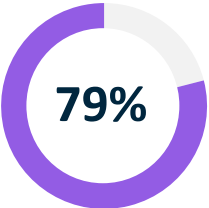
Learn

Educational content based on the latest scientific research

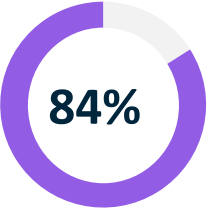
Clinical Outcomes



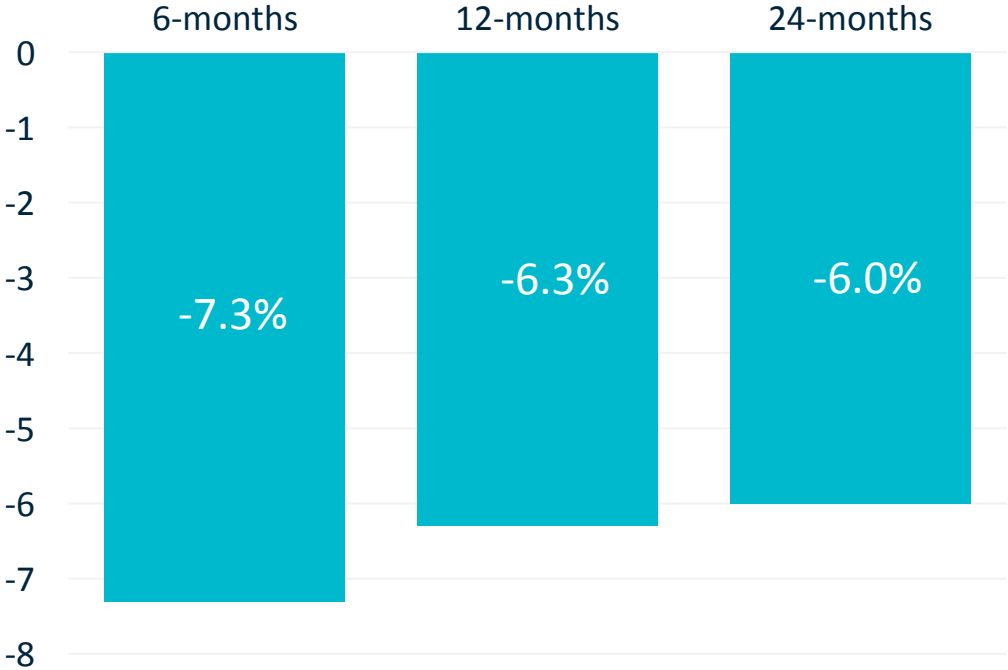
Uptake



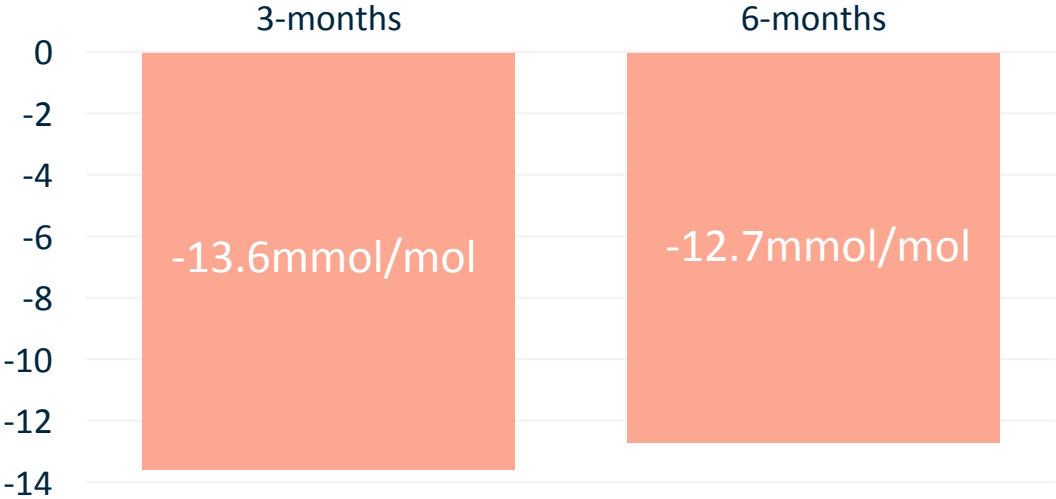
Completion



Weight change



HbA1c



HbA1c below 48mmol/mol



Partners



Live in >80
CCGs in the
UK

