



Patient Care Packs



Patients are often admitted to hospital at short notice. This means that some come ill equipped for their stay.

Evidence indicates that nurses spend more than 5 minutes per patient obtaining essential items, or patients survive without, having a negative impact on their well being and impeding nursing ability.

Patient Care Packs (PCP's) include essential items (such as a toothbrush, toothpaste, grip socks, ear plugs and eye mask), everything a patient needs for their own personal hygiene, protecting their dignity and enhancing the feeling of comfort at what is often a confusing and difficult time.



How PCP's help patients and staff

Key findings from a research study conducted by the University of Leicester include:

- 94% of patients felt that PCP's ensured they felt cared for during their hospital stay.

84% of nursing staff felt that PCP's saved them more than **5 minutes per patient.**

Releasing at least **40 minutes** per shift (1:8 patient ratio) for effective nursing.

Saving the NHS **£1,705** for every band 4 nurse.

Improving **job satisfaction** for 9 out of 10 nurses.

- 93% of nurses felt that PCP's promoted positive interactions with patients.

Patient and staff feedback

Research Study

In collaboration with the HIN (Health Innovation Network), a trial of PCP's took place over winter 2016-17 amongst HIN's South London members, including King's College Hospital NHS Foundation Trust, Lewisham and Greenwich NHS Trust and Epsom and St Helier University Hospitals as well as in a mental health service for homeless people run by South London and Maudsley NHS Foundation Trust.

Nursing staff gave the packs to patients. Each pack contained a feedback card and nursing staff also completed short surveys. 262 patients and 68 nursing staff completed surveys. Additionally, University of Leicester colleagues used observational techniques to understand the impact the packs had on patient and staff experience.



“The wards are really noisy as other patients make a lot of phone calls and there are lots of complaints about the noise. But with the earplugs I am able to block my ears from the noises,” Patient.

“The dental kit in the pack are a life saver for keeping my teeth and breath clean,” Patient.

“Patients Care Packs served as an ice breaker between myself and the patients to develop a good rapport,” Senior Nurse, Epsom and St. Helier.

“It’s a brilliant idea that saves us time and allows us to provide care and support to patients...” Matron, Lewisham & Greenwich Trust.

A full report of the University of Leicester’s findings is available to download from www.personalcarepacks.com.

About Us

Personal Care Packs is a social enterprise set up by Giving World, a charity that helps the most vulnerable people in the UK. All profits from the sale of PCP's are gifted to the charity.

Giving World runs a voluntary work experience scheme, whereby people recovering from an illness or with a disability are involved in assembling the PCP's. Our in house assembly offers the flexibility to tailor packs to your specific requirement and include maps, questionnaires and information about staff and facilities, which will free up staff time to spend on nursing and compassionate care.



We would be delighted to discuss your specific needs and help you to start realising the benefits our existing customers already experience from the use of Patient Care Packs.

Contact us

Personal Care Packs

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