

Slide Sheets – low friction fabric used to safely move dependent patients :-

- Up the bed
- Transfer laterally
- Turn in bed

To reduce shearing & friction-

- slide sheet must :-
- Remain double during use
- Be placed under ALL bony prominences

Photographs used with kind permission NHS Trusts & Specialist Hospitals

Many different slide sheet sizes and types are available:-

- Flat slides sheets – two must be used together
- Tubular slide sheets – must be used in the direction of the tube

Which one?
What size ?
How many ?
Flat ?
Tubular ?
What placement?
Which way?

There must be a better way ????

A 'one size fits all' solution !
 (reducing the confusion and risks)

- Tubular for lateral movement
- Side splits for upward movement
- Head & foot end fabric overlaps to facilitate upward movement

Benefits -

Patient –

- Protects skin
- Improves comfort, dignity and experience

Staff

- Reduces injury risk
- Reduces confusion & stress
- Easier ordering
- Improves efficiency – More time to care
- **Happy staff = Better care**

Trust

- Multiple slide sheet stock not required
- Reduced costs linked to pressure sores
- Reduced costs linked to sickness absence
- Retain valuable staff
- Compliance with legislation

